



# VOLUNTEER PROGRAM

## Senior Companion

### Henry Street Settlement Mission & Overview:

Founded in 1893 by social work and public health pioneer Lillian Wald and based on Manhattan's Lower East Side, Henry Street Settlement delivers a wide range of social service, arts and health care programs to more than 50,000 New Yorkers each year. Distinguished by a profound connection to its neighbors, a willingness to address new problems with swift and innovative solutions, and a strong record of accomplishment, Henry Street challenges the effects of urban poverty by helping families achieve better lives for themselves and their children.

### Program Overview:

The Henry Street Settlement Senior Companion Program (SCP) is a citywide program. Senior Companions can give back to their community by becoming companions to older, frailer adults by providing regular friendly visits as a means of breaking social isolation, and making independence a reality.

### Qualifications/Requirements:

- At least 55 years old.
- Ability to use mass transportation.
- Experience with older adults is preferred, though not required
- Effective communication and interpersonal skills
- Patience and willingness to work in a diverse environment

### Responsibilities:

- Participate in training sessions tailored to the needs and interest of older adults.
- Commit to serve about 15 to 40 hours per week from Monday – Friday between 9:00am – 5:00pm.
- Provide companionship, friendly visiting, and caregiver respite to frail or homebound seniors.

### Benefits:

- Potential stipend based on income.
- Transportation reimbursement.
- Accident and liability insurance.
- Vacation, sick, personal, and bereavement time.

### To Apply:

Please contact Rachel Hughes at [rhughes@henrystreet.org](mailto:rhughes@henrystreet.org) or 212.406.5044.

Henry Street Settlement is an equal opportunity employer/program. Auxiliary aides and services are available upon request to individuals with disabilities.