



EVENTS at the PARENT CENTER

Free Winter 2018 Parenting Groups!

All groups are held at:

The Parent Center @ Henry Street Settlement
281 East Broadway, New York, NY 10002

Registration is required. For more information or to RSVP, please contact
Amand Chen, MSW at **212.471.2400** and/or ACHen@henrystreet.org

Bright Beginnings: For Parent & Baby (2 to 12 months)

Start Date: Wednesday March 7, 2018 from 10-11:30 AM

Ackerman Institute for the Family's 6-week group for parents and their babies (2 to 12 months). This group provides education and structured activities for parent/baby to foster healthy attachment, development and school readiness.

Parenting Journey

Start Date: Monday January 8, 2018 from 10 AM-12 PM

A 12-week strengths-based program for parents of children of all ages. Develop skills that benefit the entire family – learn about the importance of rituals, tradition, self-care and nurture of ourselves and others. Reflect on childhood experiences and develop goals for positive parenting styles that improve relationships with children.

Parenting Children with Special Needs

Start Date: Thursday November 30, 2017 from 1:30-3 PM

Start Date: Wednesday January 10, 2018 from 10-11:30 AM

A 6-week group that discusses the Special Education and IEP process, ages and stages of child development, management of challenging behaviors, ways to access community resources, advocacy, and more.

Toddler Group

Start Date: Tuesday November 14, 2017 from 10-11 AM

Start Date: Tuesday January 23, 2018 from 10-11 AM

This six-week structured play group is for parents and their toddlers (16 months to 3 years old). Each week we offer educational activities, and learning through music, movement and art.

Parenting Discoveries (IN MANDARIN ONLY)

Start Date: Thursday January 25, 2018 from 1-2:30 PM

Group will cover childhood development stages, effective communication skills with children, positive discipline techniques, helping children cope with their emotions and self-care practices.

Active Parenting of Tweens & Teens

Start Date: Thursday February 22, 2018 from 10-11:30 AM

A six-week group for parents of children ages 12-17 that covers a range of topics such as building positive relationships with your teens, effective discipline techniques, and more