



EVENTS at the PARENT CENTER

FREE Spring 2018 Parenting Groups!

All groups are held at:

The Parent Center @ Henry Street Settlement
281 East Broadway, New York, NY 10002

Registration is required. For more information or to RSVP, please contact
Rebecca Gerstein, LCSW at **212.471.2400 Ext 218** and/or RGerstein@HenryStreet.org

Toddler Group

Start Date: Tuesday April 17, 2018 from 10-11 AM

This six-week structured play group is for parents and their toddlers (16 months to 3 years old). Each week we offer educational activities, and learning through music, movement and art.

Bright Beginnings: For Parent & Baby (2 to 12 months)

Start Date: Wednesday May 2nd, 2018 from 10-11:30 AM

Ackerman Institute for the Family's 6-week group for parents and their babies (2 to 12 months). This group provides education and structured activities for parent/baby to foster healthy attachment, development and school readiness.

Parenting Children with Special Needs

Start Date: Tuesday April 10, 2018 from 2-3:30 PM

A 6-week group that discusses the Special Education and IEP process, ages and stages of child development, management of challenging behaviors, ways to access community resources, advocacy, and more.

Parenting Journey

Start Date: Monday April 30, 2018 from 2-4 PM

A 12-week strengths-based program for parents of children of all ages. Develop skills that benefit the entire family – learn about the importance of rituals, tradition, self-care and nurture of ourselves and others. Reflect on childhood experiences and develop goals for positive parenting styles that improve relationships with children.