



**HENRY STREET
SETTLEMENT**

The Parent Center

Summer 2019 Workshops

*All workshops/groups are held at the Parent Center
281 East Broadway, New York, NY 10002

Registration is required. Workshops are one-time information sessions.

For more information or to RSVP, please contact
Emilia Leon, LMSW at (646)713-2847 and/or ELeon@henrystreet.org

Effective Discipline (IN SPANISH ONLY) Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. **Childcare is not provided.**

Monday, July 29, 2019 from 10-11 AM

Técnicas Efectivas De Disciplina: Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. **No se proporciona cuidado de niños.**

Lunes, 29 de julio, 2019 de 10-11AM

Advocacy Techniques for Parents: Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! **Childcare is not provided.**

Tuesday, July 30, 2019 from 10-11 AM

Effective Discipline: Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. **Childcare is not provided.**

Thursday, August 8, 2019 from 10-11 AM

Advocacy Techniques for Parents: Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! **Childcare is not provided.**

Monday, August 12, 2019 from 10-11 AM

Toddler Time (English & Spanish): This time is aimed for parents and their toddlers between the ages of 17 months- 3 years. There is play time, yoga, music, dance, art activities, and more!

Tuesday, August 13, 2019 from 10-11 AM

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281 East Broadway, New York, NY
(212)471-2400



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Toddler Time (INGLÉS Y ESPAÑOL!): Esta jugar es para padres y sus niños pequeños entre las edades de 16 meses a 3 años. ¡Hay actividades de yoga, música, valle, arte, y más!

Martes, 13 de agosto, 2019 10-11 AM

Navigating the Tween Years: Geared toward parents of children ages 8-12. This workshop provides information on child and adolescent development, discusses the challenges of parenting “twens,” discipline, communication, and more! **Childcare is not provided.**

Thursday, August 15, 2019 from 10-11 AM

Self-Care and Stress Management: Geared toward parents of children any age and provides information on the effects of stress, concrete techniques to manage stress, emotional regulation, and a self-care assessment. **Childcare is not provided.**

Tuesday, August 20, 2019 from 10-11 AM

Talking to Children About Domestic Violence: Geared toward parents of children all ages and focuses on the feelings and behaviors of children who have witnessed emotional, physical and/or sexual abuse/violence in the home, benefits of talking to children in an age appropriate manner, and ways parents can speak with their child about the violence and help them deal with transitions.

Childcare is not provided.

Monday, August 26, 2019 from 10-11 AM

Building Self-Esteem and Positive Body Image: Geared toward parents of children any age and focuses on techniques parents can use to build self-esteem and body image in their children, opportunities to reflect on issues of body image, and different ways to get the conversation started. **Childcare is not provided.**

Tuesday, August 27, 2019 from 10-11AM

Effective Discipline (IN SPANISH ONLY): Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love.

Childcare is not provided.

Wednesday, August 28, 2019 from 10-11 AM

Técnicas Efectivas De Disciplina: Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. **No se proporciona cuidado de niños.**

Miércoles, 28 de agosto, 2019 de 10-11 AM



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Effective Discipline: Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love.

Childcare is not provided.

Wednesday, September 4, 2019 from 10-11 AM

Effective Communication Techniques: Geared toward parents of children ages 5+ and focuses on helping children to identify and cope with their feelings, engage cooperation from children, alternatives to punishment and reinforcement of good behaviors. **Childcare is not provided.**

Wednesday, September 11, 2019 from 10-11 AM

Advocacy Techniques for Parents: Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! **Childcare is not provided.**

Monday, September 16, 2019 from 10-11 AM

Toddler Time (English & Spanish): This time is aimed for parents and their toddlers between the ages of 17 months- 3 years. There is play time, yoga, music, dance, art activities, and more!

Tuesday, September 17, 2019 from 10-11 AM

Toddler Time (INGLÉS Y ESPAÑOL): Esta jugar es para padres y sus niños pequeños entre las edades de 16 meses a 3 años. ¡Hay actividades de yoga, música, valle, arte, y más!

Martes, 17 de septiembre, 2019 de 10-11AM

Effective Discipline (IN SPANISH ONLY): Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love.

Childcare is not provided.

Wednesday, September 25, 2019 from 10-11 AM

Técnicas Efectivas De Disciplina: Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. **No se proporciona cuidado de niños.**

Miércoles, 25 de septiembre, 2019 de 10-11 AM