

WINTER CONNECT GROUPS

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.00	Peer Recovery Group Dawn Fiorello	Peer Recovery Group Dawn Fiorello	Ceramics Class Christine Rebhuhn	Peer Recovery Group Dawn Fiorello	Peer Recovery Group Dawn Fiorello
10.00	9:30-10:30 am	9:30-10:30 am	9:30 am-11:30 am	9:30-10:30 am	9:30-10:30 am
11.00	Life Skills Diego Laverde	Current Events (Chinese) Shirley Xie	Bilingual Socialization Group Shirley Xie	Resume Building Piercelia Jackson	Life Skills Diego Laverde
12.00	10:00 am-11:00 am	11:00-12:00 pm	(Chinese and English) 11 am-1 pm	10:00 am-11:00 am	10:00 am-11:00 am
1.00	Virtual Book Club Whitney Coulson	Activities to Calm Anxiety and Stress Sammie Woo	Chinese Music Group Shirley Xie	H.A.L.T (Relapse Prevention) Dawn Fiorello	Healthy Relationships Jessica Munoz
2.00	11:00-12:00 pm	1:00-2:00 pm	1 pm-2pm	1:00-2:00 pm	11:00 am-1:00 pm
3.00	H.A.L.T (Relapse Prevention) Dawn Fiorello			Nutrition Patty Karbowski	Fresh Food Friday (Food Pantry Registration Required)
4.00	1:00-2:00 pm			2:00-3:00 pm	11:00-3:00 PM
5.00	Anger Management Katerine Ribadeneria		Peer Recovery Group Dawn Fiorello	Expression through Art Shanell Kitt	
	4:00-5:00 pm		3:00-4:00 pm	3:00-4:00 pm	