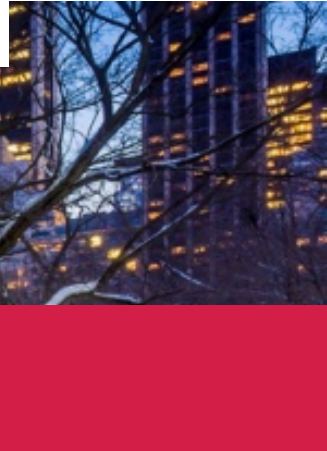


CONNECT NEWSLETTER

40 Montgomery Street
New York, NY, 10002

DECEMBER 2023



FALL CONNECT GROUPS!

CONNECT groups work to improve skills related to everyday life. This includes how to manage stress, develop positive social skills and self-confidence, and much more. Free, no registration required!

Please ask for a weekly calendar for CONNECT groups at the front desk or ask a CONNECT team member.



To buy tickets, scan the QR code above!
For more information, call 212-598-0400.

NEW IN CONNECT

Holiday Season Support Group

Thursday, December 14 - 3:00 – 4:00pm (with Shanell Kitt)

Art Show at 269 Henry Street

Friday, December 15 - 12:00 – 2:00pm (with Shanell Kitt)

Self Expression through Art

Thursday, January 11 - 3:00 – 4:30pm (with Shanell Kitt)

Welcoming our new peer, Barvisha Page!

Success Stories:

“I have been waiting for a program like CONNECT, I have never seen one like this. Staff will even join the groups, it’s a lovely thing to see.”

“This time of year is very sad for me. I lost both of my parents and I am still able to walk into these doors as if it were home.”

OFFSITE RESOURCES

City Relief in Sara D. Roosevelt Park (Delancey St. between Chrystie and Forsyth St.) provides food, hygiene kits, and more on Thursdays, 11:00 a.m. – 1:00 p.m.

Trinity Lower East Side Soup Kitchen (602 East 9th St.) serves lunch on Mondays – Fridays, 11:00 a.m. – 12:00 p.m.

The Bowery Mission (227 Bowery) serves fresh meals for breakfast, lunch, and dinner on a daily basis.

Services for undocumented people: nynice.squarespace.com

