WINTER CONNECT & CCC GROUPS

Located at 40 Montgomery Street

MONDAY

TUESDAY

WEDNESDAY **THURSDAY**

FRIDAY

9:00am

10:00am

11:00am

12:00pm

1:00pm

2:00pm

3:00pm

4:00pm

5:00pm

Meditation

Barvisha Page 9:30 - 10:00 a.m.

Life Skills

Diego Laverde Coverage in Absence: Barvisha Page 10:00 - 11:00 a.m.

Ceramics

Christine Rebhuhn 10:00 - 1:00 p.m.

Relapse Prevention

Barvisha Page 11:00 a.m. - 12:00 p.m.

Anger Management

Katerine Ribadeneria 2:00 - 3:00 p.m.

Current Events

(Chinese)

Shirley Xie

11:00 a.m. - 12:00 p.m.

Registration Required

Spanish Speaking Group

Bi-Weeklv

CCC Nilsa Pietri 11:00 a.m. - 12:00 p.m.

Spanish Health and Wellness

Monthly

CCC Nilsa Pietri 11:00 a.m. - 12:00 p.m.

> **Next Meeting:** 2/13/24

Dancing Group

Shirley Xie 10:00 a.m. - 11:00 a.m. Registration Required

Ceramics

Christine Rebhuhn 10:00 - 1:00 p.m.

Asian Bicultural Socialization

Shirley Xie 11:00 a.m. - 12:00 p.m. Registration Required

Processing Grief

CCC Dara Lehon & Christopher B 12:00 - 1:15 p.m.

Chinese Music Group

Shirley Xie 1:00 - 2:00 p.m. Registration Required

Ping Pong

Shirley Xie 2:00 - 4:00 p.m. Registration Required

Recovery Group

Barvisha Page 10:00 - 11:00 a.m.

Resume Building

Percelia Jackson 10:00 - 11:00 a.m.

Double Trouble

Barvisha Page 1:00 - 2:00 p.m.

Self Expression Through Art

Shanell Kitt Coverage in Absence: Barvisha Page/Yahdiris Escalera 3:00 - 4:00 p.m.

Life Skills

Diego Laverde Coverage in Absence: Barvisha Page 10:00 - 11:00 a.m.

Healthy Relationships

Sammie Woo Coverage in Absence: Barvisha Page/Shwe Yin Aye 11:00 a.m. - 12:00 p.m.

Music & Emotional

Expression

Barvisha Page 2:00 - 3:30 p.m.

Fresh Food Friday

Bi-Weekly

Registration Required 10:00 a.m. - 12:00 p.m.

Last names: A-M

1:00 p.m. - 3:00 p.m.

Last names: N-Z

CONNECT will have new pre-intakes for the Anger Management, Processing Grief, Spanish Speaking, and Spanish Health groups this Fall.

Please contact KParet@henrystreet.org to schedule an appointment.

For more information, please contact: Lainey Perez | LPerez@henrystreet.org | (646) 983-4195

