



JUNE 2025 PARENT CENTER WORKSHOPS

During the month of June, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information please call 212.471.2400, x1831 or email ParentCenter@HenryStreet.org.

Internet Safety for Parents of Children and Teens: This workshop will focus on what children and teens are doing online and ways to protect your family, understand cyberbullying and its prevention, and more.

Workshop Facilitator: Shannon Ganley, MHC-LP

When: Thursday, June 5th at 2 PM EST

[CLICK HERE TO REGISTER](#)

Understanding Healthy vs. Unhealthy Relationships: Reviews characteristics of healthy, unhealthy and abusive relationships and how to talk with your child about relationships.

Workshop Facilitator: Annie Mudick, LMSW

When: Tuesday, June 10th at 1 PM EST

[CLICK HERE TO REGISTER](#)

Childhood Fears and Separation Anxiety: This workshop will cover common fears that children experience and why, ways to support children through their fears, separation anxiety at different ages, and how to handle your child's separation anxiety.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, June 13th at 2 PM EST

[CLICK HERE TO REGISTER](#)

Executive Functioning: This workshop will help explain what executive functioning is and provide tips for both caregivers and children to help maximize organization, time management, and follow-through with tasks.

Workshop Facilitator: Annie Mudick, LMSW

When: Wednesday, June 18th at 3 PM EST

[CLICK HERE TO REGISTER](#)

Friendships, Cliques and Bullying: This workshop will discuss the importance of friendships, an overview of cliques and popularity, and how parents can discuss bullying with their children.

Workshop Facilitator: Annie Mudick, LMSW

When: Tuesday, June 24th at 1:00 pm EST

[CLICK HERE TO REGISTER](#)

Talking to Kids About Gender Identity and Sexuality: Learn terms and other information related to gender identity and sexuality and ways to talk about these areas.

Workshop Facilitator: Shannon Ganley, MHC-LP

When: Thursday, June 26th at 2 PM EST

[CLICK HERE TO REGISTER](#)

What is an IEP and How do I get Services for my Child?: Special Guest Presenter Julia Rosner, Attorney at LSNY/Manhattan Legal Services, understands how difficult it is for parents to get services for their children with special needs. In this workshop, she will explain what to do if your child is not meeting developmental milestones; your child's right to a free and appropriate education; steps to get services like PT, counseling and a one-on-one para for your child; and what is an IEP?

Workshop Facilitator: Julia Rosner, Attorney - Manhattan Legal Services

When: Friday, June 27th at 12 PM EST

[CLICK HERE TO JOIN WORKSHOP](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a graduate of the NYU and Sarah Lawrence Dual Degree program and received her Master's Degree in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She also has experience working with children ages 0 to 7 who are diagnosed with ODD, ADHD, and/or Autism, as well as families participating in Head Start programs. She has Bachelor's degrees from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.



Parent Center Mental Health Counselor Ms. Shannon Ganley, MHC-LP is a graduate of NYU Steinhardt. Shannon received a master's degree in Counseling for Mental Health and Wellness and a post-master's advanced certificate in LGBT Health, Education, and Social Services. Prior to joining the Parent Center team, Shannon worked as a mental health counselor with young and middle-aged adults in Brooklyn. She has experience with individuals and couples navigating life transitions, interpersonal and familial relationships, and mental health issues such as anxiety and depression. Shannon received her bachelor's degree in Psychology and Computer Science from the College of the Holy Cross.