



EVENTS at the PARENT CENTER

Free Summer Parenting Groups!

Structured parent and parent/child groups and activities provide parents the education, support and resources needed to strengthen their families.

All groups are held at the Parent Center, 281 East Broadway, New York, NY

Registration is required. For more information or to RSVP, please contact

Tera Gurney at **212.471.2400** and/or TGurney@henrystreet.org

Parenting Journey 2

Start Date: 6/28/2016: Tuesdays 10:00AM to 12:00PM

This twelve-week program is open to any parents who have already completed the Parenting Journey group. As a continuation, this group allows parents to examine their present life, continue building self-awareness, proactively set goals, and make plans for the future.

Bright Beginnings: For Parents & their Babies (2 to 12 months)

Start Date: 7/13/2016: Wednesdays 1:30PM to 3:00PM

Ackerman Institute for the Family six-week group for parents and their babies (2 to 12 months). This group provides education and structured activities for parent/baby to foster healthy attachment and development.

Toddler Wednesdays

Start Date: 7/20/2016: Wednesdays 10:30AM to 11:30AM

This six-week structured play group is for parents and their toddlers (16 months to 3 years old). Each week we offer educational activities, and learning through music, movement and art.

Parenting Discoveries

Start Date: 8/15/2016: Mondays 11:00AM to 12:30PM

A six-week group for parents of children and teens that covers a range of topics, such as communication skills, teaching children about feelings, effective discipline techniques, stress management, positive co-parenting, and more.