



EVENTS at the PARENT CENTER

Free SUMMER Parenting Groups!

Structured parent and parent/child groups and activities provide parents the education, support and resources needed to strengthen their families.

All groups are held at:

The Parent Center @ Henry Street Settlement
281 East Broadway, New York, NY 10002

Registration is required. For more information or to RSVP, please contact Rebecca Gerstein at **212.471.2400** and/or RGerstein@HenryStreet.org

Bright Beginnings: For Expectant Mothers Only

Start Date: Monday June 5, 2017 from 10:30 AM-12 PM

Ackerman Institute for the Family eight week group for expectant mothers focusing on preparing for birth, reflecting upon feelings around pregnancy, developing a positive parenting style, and more.

Bright Beginnings: For Parent & Baby (2 to 12 months)

***Participants will choose one cycle 6-week cycle to attend**

Start Date: Thursday June 22 from 1:30 PM- 3PM

Start Date: Wednesday August 23 from 10 AM-11:30 AM

Ackerman Institute for the Family six-week group for parents and their babies (2 to 12 months). This group provides education and structured activities for parent/baby to foster healthy attachment and development.

Toddler Group

Start Date: Thursday July 6 from 10AM- 11AM

A six-week group for parents and toddlers ages 16 months to 3 years that offers structured educational play and learning through movement and art.