

SENIORS

ROCK!

(but not in a chair!)



**Friday,
October 6,
2017**

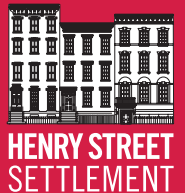
10 AM-12 PM

**Vladeck Houses Courtyard (Ruth Winds Way)
356 Madison Street New York, NY 10002**

**Join us for FREE health screenings, wellness information,
giveaways, interactive activities, demonstrations,
refreshments, consultations, music, dancing and more!**

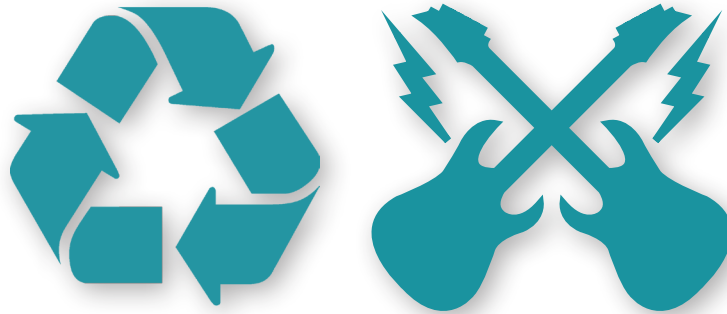
Call 212.477.0455 for more information.

Health Fair open to all seniors ages 60+.



Sponsored by **CapitalOne** INVESTING for Good™

SENIORS ROCK



& RECYCLE!

SENIORS ROCK Health Fair

Friday, October 6, 2017

Recycling goes from 11 a.m. - 4 p.m.

Vladeck Houses Courtyard (Ruth Winds Way)

356 Madison Street New York, NY 10002

Recycle your working & non-working:

- Computers
- Scanners
- Cables
- DVD players
- Monitors
- Keyboards
- TVs
- Phones
- Printers
- Mice
- VCRs
- AND MORE!

Volunteers will be available to help carry items from seniors' apartments.

For more info, contact the
Lower East Side Ecology Center at 212.477.4022.

