



Health in Action: A MIND-BODY CELEBRATION



**FRIDAY,
OCTOBER 5, 2018
10 A.M.-12:30 P.M.**

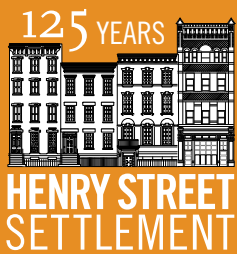
**Vladeck Houses Courtyard
(Ruth Winds Way)
356 Madison Street, New York, NY**



Join Henry Street Settlement Senior Services for FREE health screenings, wellness information, giveaways, interactive activities, refreshments, community resources, consultations, music, dancing, and more!

Health in Action is open to seniors ages 60 and over.

**Call 212.477.0455 for
more information.**



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Guild**