



FITNESS CLASSES

Free, open-level fitness classes for youth and adults! Get trim, toned, and empowered with Infinite Movement and Henry Street Settlement.

Adult Class: Saturdays from 10-11 a.m.
Youth (Grades K-8) Class: Saturdays
from 11 a.m.-12:30 p.m.

301 Henry Street
New York, NY 10002

In partnership with Infinite Movement | Shaheeda Yasmeen Smith, Founder
infinitemovementnyc@gmail.com | 917.435.5789

For more information, contact
Talia DeRogatis at 212.766.9200 x2231 or
[email tderogatis@henrystreet.org](mailto:tderogatis@henrystreet.org).

