

FREE Summer 2019 Parenting Groups

All groups are held at:

The Parent Center @ Henry Street Settlement
281 East Broadway, New York, NY 10002

Registration is required. Childcare is not provided.

For more information or to schedule an intake, please contact
Emilia Leon, LMSW at ELeon@henrystreet.org or call at (646)713-2847

Parenting Discoveries

Start Date: Wednesday, July 17, 2019 from 2-3:30PM

A 6-week group for parents with children of all ages. Parenting Discoveries includes activities and discussions regarding many different aspects of parenting. Topics may emotional regulation, stress management, self-care, time management, communication skills, and more.

EXPLORANDO SU CRIANZA (ESPAÑOL):

Empieza: Lunes, 17 de julio 2:00PM-3:30PM

Un grupo de 6 semanas para padres de niños de todas las edades. Explorando Su Crianza incluye actividades y discusiones sobre muchos aspectos diferentes de la crianza de los hijos. Los temas pueden incluir manejo del estrés, cuidado personal, técnicas efectivas de disciplina, técnicas de comunicación, manejo del comportamiento y más. Los temas se adaptarán a las necesidades del grupo.

Parenting Children with Special Needs

Start Date: Thursday, August 15, 2019 from 2-3:30PM

A 6-week group that discusses the Special Education and IEP process, ages and stages of child development, management of challenging behaviors, ways to access community resources, advocacy, and more.