### The Parent Center

### NEIGHBORHOOD RESOURCE CENTER



#### **Summer 2019 Workshops**

\*All workshops/groups are held at the Parent Center 281 East Broadway, New York, NY 10002

Registration is required. Workshops are one-time information sessions.

For more information or to RSVP, please contact

Emilia Leon, LMSW at (646)713-2847 and/or <a href="mailto:ELeon@henrystreet.org">ELeon@henrystreet.org</a>

<u>Effective Communication Techniques:</u> Geared toward parents of children ages 5+ and focuses on helping children to identify and cope with their feelings, engage cooperation from children, alternatives to punishment and reinforcement of good behaviors. For parents of children of all ages. <u>Childcare is not provided.</u>

Thursday, July 11, 2019 from 10-11 AM

<u>Support Group for Single Parents:</u> One-time open discussion for parents/caregivers who identify as single parents. Parents will discuss challenges related to being single parents, get learn about resources and connect to others in similar situations. For parents of children of all ages. <u>Childcare is not provided.</u>
<u>Tuesday, July 16, 2019 from 10-11 AM</u>

<u>Effective Discipline</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. <u>Childcare is not provided.</u>

Thursday, July 18, 2019 from 10-11 AM

<u>Expectant Parent Support Group</u>: One-time open discuss for parents/caregivers who identify as expectant parents. Parents will discuss challenges related to pregnancy and expectant parenthood as well as get to learn resources and connect to others in similar situations. <u>Childcare is not provided.</u>

Monday, July 22, 2019 from 10-11 AM

<u>Toddler Tuesday (English & Spanish):</u> This time is aimed for parents and their toddlers between the ages of 17 months- 3 years. There is play time, yoga, music, dance, art activities, and more!

<u>Tuesday, July 23, 2019 from 10-11 AM</u>

<u>Toddler Tuesday (INGLÉS Y ESPAÑOL!):</u> Esta jugar es para padres y sus niños pequeños entre las edades de 16 meses a 3 años. ¡Hay actividades de yoga, música, valle, arte, y más!

Martes, 23 de julio, 2019 de 10-11 AM

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<u>Effective Discipline (IN SPANISH ONLY)</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. Childcare is not provided.

Monday, July 29, 2019 from 10-11 AM

<u>Técnicas Efectivas De Disciplina:</u> Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. <u>No se proporciona cuidado de niños.</u>

Lunes, 29 de julio, 2019 de 10-11AM

<u>Advocacy Techniques for Parents:</u> Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! 1 hour. <u>Tuesday</u>, <u>July 30</u>, <u>2019 from 10-11 AM</u>

<u>Effective Discipline:</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. <u>Childcare is not provided.</u>

Thursday, August 8, 2019 from 10-11 AM

<u>Advocacy Techniques for Parents:</u> Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! 1 hour. <u>Monday, August 12, 2019 from 10-11 AM</u>

<u>Toddler Tuesday (English & Spanish):</u> This time is aimed for parents and their toddlers between the ages of 17 months- 3 years. There is play time, yoga, music, dance, art activities, and more!

<u>Tuesday, August 13, 2019 from 10-11 AM</u>

<u>Toddler Tuesday (INGLÉS Y ESPAÑOL!):</u> Esta jugar es para padres y sus niños pequeños entre las edades de 16 meses a 3 años. ¡Hay actividades de yoga, música, valle, arte, y más!

Martes, 13 de agosto, 2019 10-11 AM

<u>Effective Discipline (IN SPANISH ONLY):</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. <u>Childcare is not provided.</u>

Wednesday, August 28, 2019 from 10-11 AM

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<u>Técnicas Efectivas De Disciplina:</u> Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. <u>No se proporciona cuidado de niños.</u>

Miércoles, 28 de agosto, 2019 de 10-11 AM

<u>Effective Discipline:</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. <u>Childcare is not provided.</u>

Wednesday, September 4, 2019 from 10-11 AM

<u>Effective Communication Techniques:</u> Geared toward parents of children ages 5+ and focuses on helping children to identify and cope with their feelings, engage cooperation from children, alternatives to punishment and reinforcement of good behaviors. For parents of children of all ages. <u>Childcare is not provided.</u>

Wednesday, September 11, 2019 from 10-11 AM

<u>Advocacy Techniques for Parents:</u> Geared towards parents with children of any age. This workshop will provide concrete tools for parents to navigate various systems like ACS, school, court, and more! 1 hour. <u>Monday, September 16, 2019 from 10-11 AM</u>

<u>Toddler Tuesday (English & Spanish):</u> This time is aimed for parents and their toddlers between the ages of 17 months- 3 years. There is play time, yoga, music, dance, art activities, and more!

<u>Tuesday, September 17, 2019 from 10-11 AM</u>

<u>Toddler Tuesday (INGLÉS Y ESPAÑOLI):</u> Esta jugar es para padres y sus niños pequeños entre las edades de 16 meses a 3 años. ¡Hay actividades de yoga, música, valle, arte, y más!

Martes, 17 de septiembre, 2019 de 10-11AM

<u>Effective Discipline (IN SPANISH ONLY):</u> Geared toward parents of children all ages and focuses on the difference between discipline and punishment, effective discipline methods, and ways to express love. Childcare is not provided.

Wednesday, September 25, 2019 from 10-11 AM

<u>Técnicas Efectivas De Disciplina:</u> Este taller se enfocará en métodos de disciplina que Los padres pueden usar de manera efectiva cuando responden a un La mala conducta del niño y los pasos para alentar comportamientos positivos. <u>No se proporciona cuidado de niños.</u>

Miércoles, 25 de septiembre, 2019 de 10-11 AM

Parent Center 281 East Broadway, New York, NY (212)471-2400