



# ART OF MOTHERHOOD

A supportive group for mothers who want to decrease stress and anxiety, and build community through the arts. No experience necessary!

THIS GROUP WILL BE MEETING ON:  
JANUARY 7TH, 14TH, 21ST, AND 28TH  
1 - 2PM

Please RSVP by January 6th - Limited Space!  
Group Leader: Lillyana Morales

