

## HENRY STREET PROGRAM SPOTLIGHT

### The Parent Center

269 Henry Street

**The Parent Center at Henry Street Settlement takes a holistic life-balance approach to the roles of parent, grandparent, and family.**

Our team is trained in health, behavioral health, and life-span development and wellness, as well as incorporating cultural influences on parenting styles. Social worker Annie Mudick says the center isn't here to tell you how to parent your child, but rather to add tools to your parenting toolbox. "The Parent Center is a welcoming place for parents, grandparents, aunts, uncles, or anyone else who cares for children age zero to 18," she says. "We are a place for people to come and strengthen their parenting skills through groups, workshops, and individual parenting support."

If you are interested in workshops or individual support at The Parent Center, please speak with your case manager or contact the center directly at 212.471.2400 ext. 1831.



Families at a gingerbread house-making event at The Parent Center in December 2022.

To view all upcoming workshops, go to:  
**[henrystreet.org/parentcenter](https://henrystreet.org/parentcenter)**



## Financial Empowerment with New York Legal Assistance Group

Take control of your money and accomplish your financial goals! NYLAG Financial Counselor Peterson DeCoteau can help you answer the questions you may have about your finances and can support you with creating a financial plan that works for you and your family.

Peterson will be onsite at the Urban Family Center every Friday from 9 a.m. to 5 p.m. To set up an appointment, please see your case manager for a referral or contact Tisha Williams at 212.475.6400 ext. 5239.

# EVENT CALENDARS

To see all upcoming events at your site, scan the QR code >>

## HIGHLIGHTS:

- **Employment:** Third Annual Re-Entry Resource Fair & Suit Giveaway; Saturday, February 11, 10 a.m. to 4 p.m. **OPEN TO ALL RESIDENTS!** For more information, please contact Tisha Williams, [twilliams@henrystreet.org](mailto:twilliams@henrystreet.org)
- **Helen's House:** Let's Celebrate Love! Monday, February 13, 2 p.m.
- **Third Street Supportive:** Bingo with Shukrat; Wednesday, February 22, 12 to 1:30 p.m. Residents of 290 only.

To learn about upcoming events at Henry Street Settlement, go to [henrystreet.org](http://henrystreet.org) or follow us on social media:



/henrystreetsettlement



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Employment Services



Urban Family Center



Third Street Supportive Housing



Helen's House



Third Street Women's Shelter



Stanton Street Supportive Housing



## Adult Swimming Lessons at + POOL

Learn to Swim is open to anyone age 18+ with little to no swimming experience. All participants will receive professional swim instruction over the course of four hourlong classes. The next session starts March 4 at Lehman Prep (1 Morris Street). Courses require a one-time registration fee of \$28.52. Financial assistance may be available; please call the number below.

Scan to sign up  
or call 646.847.9719



## APPLY NOW: Career Boot Camp for Young Adults, February 21-March 3

Need a job? On Ramps to Opportunities is here to connect jobseekers ages 18-24 to their next career!

Boot camp participants will practice resume writing, receive job search support, get connected to job trainings, and more! This two-week training runs weekdays from 10 a.m. to 2:30 p.m. starting Tuesday, February 21, and ending Friday, March 3. Participants can earn up to \$400 in stipends (\$200/week) for completing the boot camp!

Application deadline:  
February 14

[henrystreet.org/orobootcamp](http://henrystreet.org/orobootcamp)

