



SOUL PUNCH

POWER ACADEMY FOR WOMEN

Self-defense training for women team members



Tuesday, April 4 at 4:30 p.m.

269 Henry Street

Dale Jones Burch Neighborhood Center – “The Firehouse”

RSVP for the training HERE!



**INSTRUCTED
BY WOMEN!**

henrystreet.org/soulpunch/

Learn more about the training at
henrystreet.org/learn-soulpunch/