



APRIL 2023 PARENT CENTER WORKSHOPS

During the month of April, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information, please call 212.471.2400 x 1831 or email ParentCenter@HenryStreet.org.

Encouraging Healthy and Happy Relationships in Children: This workshop will discuss the importance of friendships and relationships for children and their peers.

Workshop Facilitator: Jana Redzovic, MSW

When: Friday, April 7th at 11 AM EST

[Click Here to Register](#)

Effective Communication Techniques: Learn how to engage cooperation from and with your children, provide effective responses, encourage good behaviors, and more.

Workshop Facilitator: Qiqi Liang, MHC-LP

When: Tuesday, April 11th at 10 AM EST

[Click Here to Register](#)

How to Talk to Children About Domestic Violence: This workshop will discuss ways to effectively talk with your children about domestic violence and what you can do as a parent to support your relationship with your children.

Workshop Facilitator: Jana Redzovic, MSW

When: Friday, April 14th at 11 AM EST

[Click Here to Register](#)

How to Talk So Kids Will Listen + Listen So Kids Will Talk: A workshop designed for caregivers of children ages 4 to 10, which will provide discussion around teaching children about feelings, engaging cooperation from children, overcoming power struggles, and steps to provide praise for good behaviors.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday April, 14th at 2PM EST

[Click Here to Register](#)

Building Self-Esteem and Positive Body Image in Children and Teens: Develop a further understanding of how self-esteem and body image develop in children and ways you can promote self-esteem and body image in your children and teens

Workshop Facilitator: Jana Redzovic, MSW

When: Friday, April 21st at 11 AM EST

[Click Here to Register](#)

Help with Homework: Engaging Cooperation from Children: Learn techniques to help encourage your children to complete their homework and continue their learning at home as the end of the school year approaches.

Workshop Facilitator: Jana Redzovic, MSW

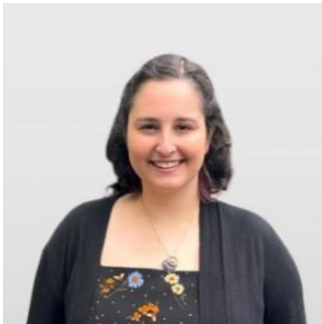
When: Monday, April 24th at 2PM EST

[Click Here to Register](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Mental Health Counselor Ms. Qiqi Liang, MHC-LP is a bilingual Mental Health Counselor fluent in Chinese including Mandarin and Cantonese dialects. She completed her MA Degree in Mental Health Counseling at the Nyack College Alliance Graduate School of Counseling (AGSC). Prior to joining the Parent Center Team in 2020, she conducted intakes and facilitated supportive counseling groups at Henry Street Settlement's Community Consultation Center in the PROS Program.



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a recent graduate of the NYU and Sarah Lawrence Dual Degree program to receive her Master's in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She has experience with children ages 0 to 7, children with ODD, ADHD, and Autism, as well as families participating in Head Start programs. She has Bachelor's degrees from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.



Parent Center Social Worker Ms. Jana Redzovic, MSW, is a graduate of NYU's Silver School of Social Work and holds an undergraduate B.S. degree in Psychology from Loyola University Chicago. She has experience working with children and families from diverse ethnic and cultural backgrounds in a range of settings including schools, homes, camps, and Early Head Start programs. She has additional expertise in the treatment of ADHD and anxiety disorders in children. She is fluent in Serbo-Croatian.