



MAY 2023 PARENT CENTER WORKSHOPS

During the month of May, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information please call 212.471.2400, x1831 or email ParentCenter@HenryStreet.org.

Parenting Children with Autism: Learn what autism is, the signs and symptoms of autism, and helpful techniques and strategies to parent children with autism.

Workshop Facilitator: Jana Redzovic, LMSW

When: Friday, May 5th at 11 AM EST

[Click Here to Register](#)

Friendships, Cliques and Bullying: This workshop will discuss the importance of friendships, an overview of cliques and popularity, and how parents can discuss bullying with their children.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, May 5th at 2 PM EST

[Click Here to Register](#)

Tech Talk + Internet Safety: This workshop will provide an overview of apps that children and teens are using, how you can keep them safe online and effective tools to communicate with your child.

Workshop Facilitator: Jana Redzovic, LMSW

When: Monday, May 8th at 3 PM EST

[Click Here to Register](#)

Self-Care & Stress Management: Geared towards parents of children of any age, this workshop will provide information on the effects of stress, and concrete techniques to manage stress and practice self-care.

Workshop Facilitator: Qiqi Liang, MHC-LP

When: Thursday, May 11th at 12 PM EST

[Click Here to Register](#)

Talking to Kids About Sex: What to Say + When to Say It!: Together we will discuss sexual development among children and teens and explore concrete ways caregivers can speak to their children about healthy sexuality and development.

Workshop Facilitator: Jana Redzovic, LMSW

When: Friday, May 19th at 11 AM EST

[Click Here to Register](#)

Engaging Children Through Play: Discuss the value of play, and creative ways you can facilitate play and learning in your home.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, May 19th at 2PM EST

[Click Here to Register](#)

Dealing with Sibling Rivalry: Understand the difference between sibling rivalry and abuse, and learn techniques to manage sibling bickering and encourage effective communication.

Workshop Facilitator: Jana Redzovic, LMSW

When: Monday, May 22nd at 2 PM EST

[Click Here to Register](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Mental Health Counselor Ms. Qiqi Liang, MHC-LP is a bilingual Mental Health Counselor fluent in Chinese including Mandarin and Cantonese dialects. She completed her MA Degree in Mental Health Counseling at the Nyack College Alliance Graduate School of Counseling (AGSC). Prior to joining the Parent Center Team in 2020, she conducted intakes and facilitated supportive counseling groups at Henry Street Settlement's Community Consultation Center in the PROS Program.



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a graduate of the NYU and Sarah Lawrence Dual Degree program and holds a Master's Degree in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She has experience working with children ages 0 to 7 who are diagnosed with ODD, ADHD, and/or Autism, as well as families participating in Head Start programs. She has Dual Bachelor's degree from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.



Parent Center Social Worker Ms. Jana Redzovic, LMSW, is a graduate of NYU's Silver School of Social Work and holds an undergraduate B.S. degree in Psychology from Loyola University Chicago. She has experience working with children and families from diverse ethnic and cultural backgrounds in a range of settings including schools, homes, camps, and Early Head Start programs. She has additional expertise in the treatment of ADHD and anxiety disorders in children. She is fluent in Serbo-Croatian.