

CONNECT NEWSLETTER

JUNE 2023



SUMMER CONNECT GROUPS!

CONNECT groups work to improve skills related to everyday life. This includes how to manage stress, develop positive social skills and self-confidence, and much more. Free, no registration required!

Please ask for a weekly calendar for CONNECT groups at the front desk or ask a CONNECT team member.

Reminder: Accepting intakes for Anger Management Groups

Contact Keven Paret,
KPeret@henrystreet.org

Success Stories:

"I wake up every day knowing I have somewhere to go."

"CONNECT has put their minds together and makes it happen all the time."

"I would love to say my story and help people understand the change in my life I had after 33 years in prison. I can't thank CONNECT--enough--I have a new family here."

NEW OPPORTUNITIES IN CONNECT

Summer CONNECT groups are here!

Expression through Art will be paused until August 17, 2023.

Health Fair!

Join us for a community and family-oriented event that promotes wellness and healthy living.

Saturday, June 3, 2023, from 12:00 - 4:00p.m.

80 Avenue D, New York, NY 10009

June 23, 2023 - National Hydration Day

"Pure water is the world's first and foremost medicine."

It helps regulate body temperature, protects your skin, and supports brain function and mood; it also helps prevent sunburn, skin cancer, and premature aging. Stay hydrated!

OFFSITE RESOURCES

City Relief in Sara D. Roosevelt Park (Delancey St. between Chrystie and Forsyth St) provides food, hygiene kits, and more on Thursdays from 11:00a.m. — 1:00p.m.

Trinity Lower East Side Soup Kitchen (602 E 9th Street) serves lunch from 11:00a.m. — 12:00p.m.

The Bowery Mission (227 Bowery) serves fresh meals for breakfast, lunch, and dinner on a daily basis.

Services for undocumented people: nynice.squarespace.com

