



AUGUST 2023 PARENT CENTER WORKSHOPS

During the month of August, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information please call 212.471.2400, x. 1831 or email ParentCenter@HenryStreet.org.

Help with Homework: Engaging Cooperation from Children: Learn techniques to help encourage your children to complete their homework and continue their learning at home, as the start of the school year 2023-2024 approaches.

Workshop Facilitator: Jana Redzovic, LMSW

When: Friday, August 4th at 11 AM EST

[Click HERE to Register](#)

How to Talk So Kids Will Listen + Listen So Kids Will Talk: This workshop is designed for caregivers of children ages 4 to 10, and will provide discussion around teaching children about feelings, engaging cooperation from children, overcoming power struggles, and praise for good behaviors.

Workshop Facilitator: Jana Redzovic, LMSW

When: Monday, August 7th at 10 AM EST

[Click HERE to Register](#)

Effective Discipline Techniques: This workshop will focus on discipline methods that parents can effectively use when responding to a child's misbehavior and steps to encourage positive behaviors.

Workshop Facilitator: Qiqi Liang, MHC-LP

When: Tuesday, August 8th at 10 AM EST

[Click HERE to Register](#)

Helping Children Cope After Trauma: This workshop will provide an overview of trauma responses in children and how parents and caregivers can help their children heal.

Workshop Facilitator: Jana Redzovic, LMSW

When: Friday, August 18th at 10 AM EST

[Click HERE to Register](#)

Creating Healthy and Healing Boundaries in Your Life: This workshop will discuss boundaries – what they are, how to protect them, and the importance of implementing healthy boundaries.

Workshop Facilitator: Jana Redzovic, LMSW

When: Friday, August 25th at 10 AM EST

[Click HERE to Register](#)

Social Emotional Learning: This workshop will introduce the concept of social-emotional learning to parents and provide techniques to help foster “SEL” in their children.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, August 25th at 2 PM EST

[Click HERE to Register](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a graduate of the NYU and Sarah Lawrence Dual Degree program and holds Master's Degrees in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She has experience with children ages 0 to 7, children with ODD, ADHD, and Autism, as well as families participating in Head Start programs. She has Bachelor's degrees from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.



Parent Center Mental Health Counselor Ms. Qiqi Liang, MHC-LP is a bilingual Mental Health Counselor fluent in Chinese including Mandarin and Cantonese dialects. She completed her MA Degree in Mental Health Counseling at the Nyack College Alliance Graduate School of Counseling (AGSC). Prior to joining the Parent Center Team in 2020, she conducted intakes and facilitated supportive counseling groups at Henry Street Settlement's Community Consultation Center in the PROS Program.



Parent Center Social Worker Ms. Jana Redzovic, LMSW, is a masters-level graduate of NYU's Silver School of Social Work and holds an undergraduate B.S. degree in Psychology from Loyola University Chicago. She has experience working with children and families from diverse ethnic and cultural backgrounds in a range of settings including schools, homes, camps, and Early Head Start programs. She has additional expertise in the treatment of ADHD and anxiety disorders in children. She is fluent in Serbo-Croatian.