WINTER CONNECT & CCC GROUPS

Located at 40 Montgomery Street

Dancing Group

(Chinese)

TUESDAY WEDNESDAY THURSDAY

Recovery Topic Barvisha Page 10:00 - 11:00 a.m.

Resume Building Percelia Jackson 10:00 - 11:00 a.m.

Double Trouble Barvisha Page 1:00 - 2:00 p.m.

Holiday Season Support Group Shanell Kitt 3:00 - 4:00 p.m. Join us on: 12/14/23

Self Expression **Through Art Shanell Kitt** 3:00 - 4:00 p.m. Beains 01/11/23

Life Skills Diego Laverde 10:00 - 11:00 a.m. **Healthy Relationships** Sammie Woo 11:00 a.m. - 12:00 p.m. **Art Show** at 269 Henry Street Shanell Kitt 12:00 - 2:00 p.m. Join us on: 12/15/23 **Music & Emotional** Expression

Fresh Food Friday

Bi-Weekly

10:00 a.m. - 12:00 p.m. Last names: A-M 1:00 p.m. - 3:00 p.m.

5:00pm

Meditation **Barvisha** Page 9:30 - 10:00 a.m.

MONDAY

Life Skills **Diego Laverde** 10:00 - 11:00 a.m.

Anger Management

Katerine Ribadeneria

2:00 - 3:00 p.m.

12:00pm

9:00am

10:00am

11:00am

1:00pm

2:00pm

3:00pm

4:00pm

Current Events (Chinese) **Shirley Xie**

11:00 a.m. - 12:00 p.m.

Spanish Speaking Group

CCC Nilsa Pietri 11:00 a.m. - 12:00 p.m.

Spanish Health and Wellness *Monthly* **CCC** Nilsa Pietri 11:00 a.m. - 12:00 p.m.

Shirley Xie 10:00 - 11:00 a.m. Ceramics Class **Christine Rebhuhn** 10:00 - 1:00 a.m. **Bilingual Socialization** (Chinese & English) **Shirley Xie** 11:00 a.m. - 1:00 p.m.

Processing Grief CCC Dara Lehon & Christopher B 12:00 - 1:15 p.m.

Chinese Music Group Shirley Xie 1:00 - 2:00 p.m. Ping Pong

FRIDAY

Barvisha Page

2:00 - 3:30 p.m.

Registration Required

Last names: N-Z

CONNECT will have new pre-intakes for the Anger Management, Processing Grief, Spanish Speaking, and Spanish Health groups this Fall. Please contact KParet@henrystreet.org to schedule an appointment.

Shirley Xie

2:00 - 4:00 p.m.

For more information, please contact: Lainey Perez | LPerez@henrystreet.org | (646) 983-4195