



HENRY STREET  
SETTLEMENT

# CREATING NEW LEADERS BOXING GYM

FOR 9 - 19 YEAR OLDS

359 MADISON STREET

TUESDAYS AND THURSDAYS

5 - 7 P.M.

BEGINNING JAN. 9, 2024

In life we often take hits and lack the resilience to focus, fight through, and overcome. If that's you, come out to discipline your mind and body and adjust to these obstacles while crushing trauma into small pieces of stone that will be repurposed for paving a road to post-traumatic success.

Become disciplined, learn how to focus, but most importantly, gain confidence in yourself and abilities!



To RSVP and get more info contact:  
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