



MAY 2024 PARENT CENTER WORKSHOPS

During the month of May, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information please call 212.471.2400, x1831 or email ParentCenter@HenryStreet.org.

What is ADHD & Positive Behavior Management Techniques: This workshop provides a brief overview of what ADHD is and how it affects behaviors in children. Several positive behavior management techniques are discussed in order to provide support to children and their parents.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, May 3rd at 2 PM EST [CLICK HERE TO REGISTER](#)

Effective Discipline Techniques: Reviews 15+ effective discipline techniques, how to utilize them in your home, and examples based on various ages.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, May 10th at 2 PM EST [CLICK HERE TO REGISTER](#)

Executive Functioning: This workshop will help explain what executive functioning is and provide tips for both caregivers and children to help maximize organization, time management, and follow-through with tasks.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, May 17th at 2 PM EST [CLICK HERE TO REGISTER](#)

Advocacy Techniques for Parents: This workshop discusses what advocacy is, what it is used for, and ways that you can advocate for yourself and the children in your life.

Workshop Facilitator: Annie Mudick, LMSW

When: Monday, May 24th at 2 PM EST [CLICK HERE TO REGISTER](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a graduate of the NYU and Sarah Lawrence Dual Degree program and received her Master's in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She also has experience working with children ages 0 to 7 who are diagnosed with ODD, ADHD, and/or Autism, as well as families participating in Head Start programs. She has Bachelor's degrees from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.