



JUNE 2024 PARENT CENTER WORKSHOPS

During the month of June, Henry Street Settlement's Parent Center will offer 1-time workshops on a range of parenting topics online at Zoom, facilitated by Parent Center licensed social work and mental health staff. See topics and Zoom registration links below.

All workshops are FREE and open to the public.

NOTE: Workshops are held online via ZOOM. Participants need to access the ZOOM App on their phone, computer, or other device to participate. For more information about how to download and use Zoom, click [here](#). Workshops require pre-registration. Please see topics, dates, times and registration links below. After registering, you will receive a confirmation email containing information about joining the Zoom meeting. Participants requesting a Parenting Workshop Certificate will need to arrive no later than 15 minutes after the start of the workshop. For more information please call 212.471.2400, x1831 or email ParentCenter@HenryStreet.org.

Childhood Fears and Separation Anxiety: This workshop will cover common fears that children experience and why, ways to support children through their fears, separation anxiety at different ages, and how to handle your child's separation anxiety.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, June 7th at 2 PM EST [CLICK HERE TO REGISTER](#)

Baby's First Year: Learn all about baby's development in the first year, baby care basics, feeding and sleep.

Workshop Facilitator: Annie Mudick, LMSW

When: Thursday, June 13th at 10 AM EST [Click HERE to Register](#)

Pride Month 101: Talking to Kids About Gender Identity and Sexuality: Learn terms and other information related to gender identity and sexuality and ways to talk about these areas.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, June 21st at 2 PM EST [CLICK HERE TO REGISTER](#)

Helping Young Children Cope with Feelings: This workshop reviews techniques you can use to teach your young child about emotions and how to regulate and cope with those emotions in the moment.

Workshop Facilitator: Annie Mudick, LMSW

When: Friday, June 28th at 2 PM EST [CLICK HERE TO REGISTER](#)

ABOUT OUR PARENT CENTER WORKSHOP FACILITATORS



Parent Center Social Worker Ms. Annie Mudick, MA, LMSW is a graduate of the NYU and Sarah Lawrence Dual Degree program and received her Master's in Child Development and Social Work. Annie has years of experience working with children and families in a variety of contexts, such as preschools, summer camps, and behavioral clinics. She also has experience working with children ages 0 to 7 who are diagnosed with ODD, ADHD, and/or Autism, as well as families participating in Head Start programs. She has Bachelor's degrees from Tufts University in Child Development and Clinical Psychology, and is originally from Phoenix, Arizona.