



# CONNECT & CCC Groups

LOCATED AT 40 MONTGOMERY STREET

## Monday

### Meditation & Movement

Barvisha Page  
9:30 – 10 a.m.

*WALK-INS ACCEPTED*

### Men's Support Group

Diego Laverde  
10 – 11 a.m.

*WALK-INS ACCEPTED*

### Ceramics (Entry Level Only)

Christine Rebhuhn  
10 – 11 a.m.

*\*Weekly\**

*12 PERSON CAPACITY PER CLASS*

### Relapse Prevention

Barvisha Page  
11 a.m. – 12 p.m.

*WALK-INS ACCEPTED*

## Tuesday

### Current Events (Chinese)

Shirley Xie  
11 a.m. – 12 p.m.

*CAPACITY LIMIT*

### Spanish Speaking Group (Women Only)

Nilsa Pietri  
11 a.m. – 12 p.m.

*\*Bi-Weekly\**

*\*Registration Required\**

### Spanish Health and Wellness (Women Only)

Nilsa Pietri & Martha Beltran  
11 a.m. – 12 p.m.

*\*Monthly\**

*\*Registration Required\**

## Wednesday

### Dancing Group (English/Chinese)

Shirley Xie  
10 – 11 a.m.

*\*Registration Required\**

### \*NEW\* Fan Dancing

Shirley Xie  
10 – 11 a.m.

*Begins 1.15.25 - 12 weeks ONLY*

*\*Registration Required\**

### Ceramics (Continuing Students Only)

Christine Rebhuhn  
10 a.m. – 1 p.m.

*\*Weekly\* - Approval Required*

### Asian Bicultural Socialization

Shirley Xie  
11 a.m. – 12 p.m.

*\*Registration Required\**

### Processing Grief

Christopher Brucato  
12 – 1:15 p.m.

*\*Registration Required\**

### Chinese Music Group

Shirley Xie  
1 – 2 p.m.

*\*Registration Required\**

### Ping Pong (English/Chinese)

Shirley Xie  
2 – 4 p.m.

*\*Registration Required\**

## Thursday

### Crochet Group

Barvisha Page  
10 a.m. – 12 p.m.

*WALK-INS ACCEPTED*

### Resume Building

Piercelia Jackson  
10 – 11 a.m.

*WALK-INS ACCEPTED*

### Double Trouble Recovery

Barvisha Page  
1 – 2 p.m.

*WALK-INS ACCEPTED*

### Self Expression Through Art

Shanell Kitt  
3 – 4 p.m.

*\*Weekly\**

*WALK-INS ACCEPTED*

## Friday

### Life Skills

Diego Laverde  
10 – 11 a.m.

*WALK-INS ACCEPTED*

### Healthy Relationships

Sammie Woo  
11 a.m. – 12 p.m.

*WALK-INS ACCEPTED*

### Acupuncture

*\*Weekly\**

Wendy Henry  
10:30 a.m. – 12:30 p.m.

*WALK-INS ACCEPTED*

### Anger Management

Barvisha Page  
2:30 – 3:30 p.m.

*\*Registration Required\**

### Community/Advisory Committee

*1 MEETING PER SEASON*  
February 22, 2025

*All Are Welcome!*

2 – 3:30 p.m.

### Fresh Food Friday

*\*Clients Only At This Time\**

*\*Bi-Weekly\**

*Last Names: A-M*

10 a.m. – 12 p.m.

*Last Names: N-Z*

1 – 3 p.m.

To schedule a group registration appointment, please contact: [CONNECT@henrystreet.org](mailto:CONNECT@henrystreet.org)  
For more information, please contact: Lainey Perez | [LPerez@henrystreet.org](mailto:LPerez@henrystreet.org) | 646-983-4195

