

## Give with heart

in honor of **American Heart Month**



**HENRY STREET  
SETTLEMENT**

**Tuesday, February 25<sup>th</sup>**

**10:00AM – 4:00PM**

**Henry Street Settlement**

301 Henry Street, New York, NY 10002

Lower Level – Gym

Scan the QR Code to Schedule your  
Appointment.



### Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Must be 17+ or  
16 with parental  
consent form



Meet minimum  
weight requirements

For full eligibility requirements  
and COVID-19 information, visit  
[nybc.org/eligibility](https://nybc.org/eligibility).