



**HENRY STREET  
SETTLEMENT**

**Vladeck Cares NORC**

# April 2026

**CLASSES LOCATED AT HENRY STREET OLDER ADULT CENTER (OAC)  
334 MADISON ST LOWER LEVEL UNLESS OTHERWISE NOTED**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**PING PONG, POOL, BINGO , DOMINOS MONDAY - FRIDAY 8:00-4:45 @ OAC**

**9:00 a.m.**

**Scrapbooking  
and Creative  
Arts**

**10:30am  
Older Adult Center  
Library**

**10:00 a.m.**

**1:00 p.m.**

**Move It Move It  
1 pm  
301 Henry  
Street**

**2:00 p.m.**

**Tech Help**

**2 pm  
Older Adult Center**

**3:00 p.m.**

**4:00 p.m.**

**Crafts Club**

**10am  
Older Adult Center  
Library**

**Bead Art**

**12 pm  
Older Adult Center  
Library**

**April 28**

**Elder Abuse**

**Awareness**

**12 pm  
Older Adult Center  
Library**

**Tech Help**

**12 pm  
Older Adult Center**

**Mind Body Wellness**

**with Nurse Beltran**

**April 2 , 16 and 30**

**10:30am**

**NORC**

**351 Madison Street 1E**

**Jewelry Class**

**11 am**

**Older Adult Center  
Library**

**Girl's Art Class**

**12 pm  
Older Adult Center  
Library**

**SAVE THE  
DATE**

**Vladeck Cares  
NORC  
OPEN HOUSE**

**MAY 8, 2026**



**NORC Nurses on Site Mondays through Thursdays  
9:00-4:00 NORC Office 351 Madison St, 1C**



**Funded By:**



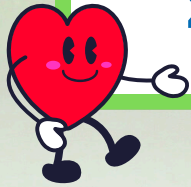
# April at Vladeck Cares NORC

**SPRING WALKING  
CLUB IS BACK!  
WALK WITH EASE**

**March 30 to May 8**

**Commit to three weekly  
walks for six weeks;  
group walk Fridays!**

**Register at NORC office  
or call us at  
212 - 477 - 0455**



**Scrapbooking:  
Making Your Life Bio**

**Mondays @ 10:30  
Older Adult Center  
334 Madison Street**

**Stress  
and  
Movement  
April 21**

**12 pm  
Older Adult Center  
334 Madison Street**

**CRAFT CLUB**



**Tuesdays @ 10:00  
Older Adult Center  
334 Madison Street**

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